



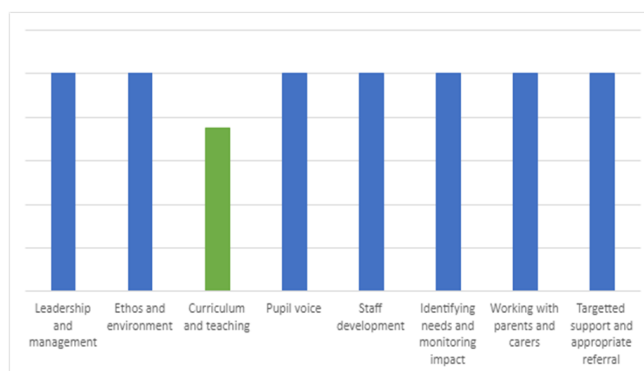
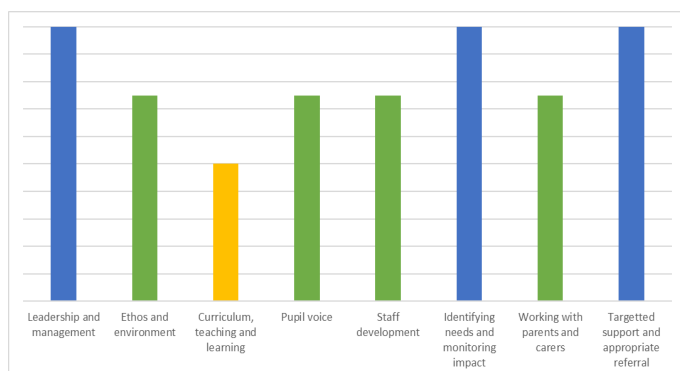
Mental health and wellbeing are important to everyone. When you feel good, it's easier to work and learn, and to enjoy spending time with family and friends. Your child's school has been awarded the Sandwell Charter Mark for Wellbeing. This award is presented in recognition of their whole school approach and commitment to supporting and developing the mental health and wellbeing of staff, pupils, and parents. A whole school audit took place to gather the views of parents/carers, staff, and pupils in relation to the following principles that Public Health England (2021) reported contribute to mentally healthy schools: -



The senior leadership team planned changes and then the audit was completed again to see if these changes had improved the way that pupils, school staff and parents/carers felt. Some of the things that your child's school changed included:

- Inviting in speakers to talk to parents about mental health
- Changing the way that staff communicate with parents
- Putting in place a regular pupil survey to identify pupils who may need support with their mental wellbeing

This first graph shows Pike Fold's scores before the action plan and the second graph shows the scores after staff implemented changes.



Some of the things that staff said:

'Pike Fold is fully inclusive. Every child sparkles.'

'The environment is a very high standard with a vast amount of resources that inspire children.'

Some of the things pupils said:

'In PSHE we learnt like how people are different and how it's okay... and if you're looking for a friend we've got a friendship stop.'

'Someone in my class joined recently. They're very welcoming and as soon as you step foot in the building, you feel part of the community. It feels quite good because I walk in, I see my friends every day, I get to talk to them.'

Some of the things parents/carers said:

'It's very community driven and really cares about the children and families.'

'The staff support is very good. I know I can approach them and ask them for help if needed.'