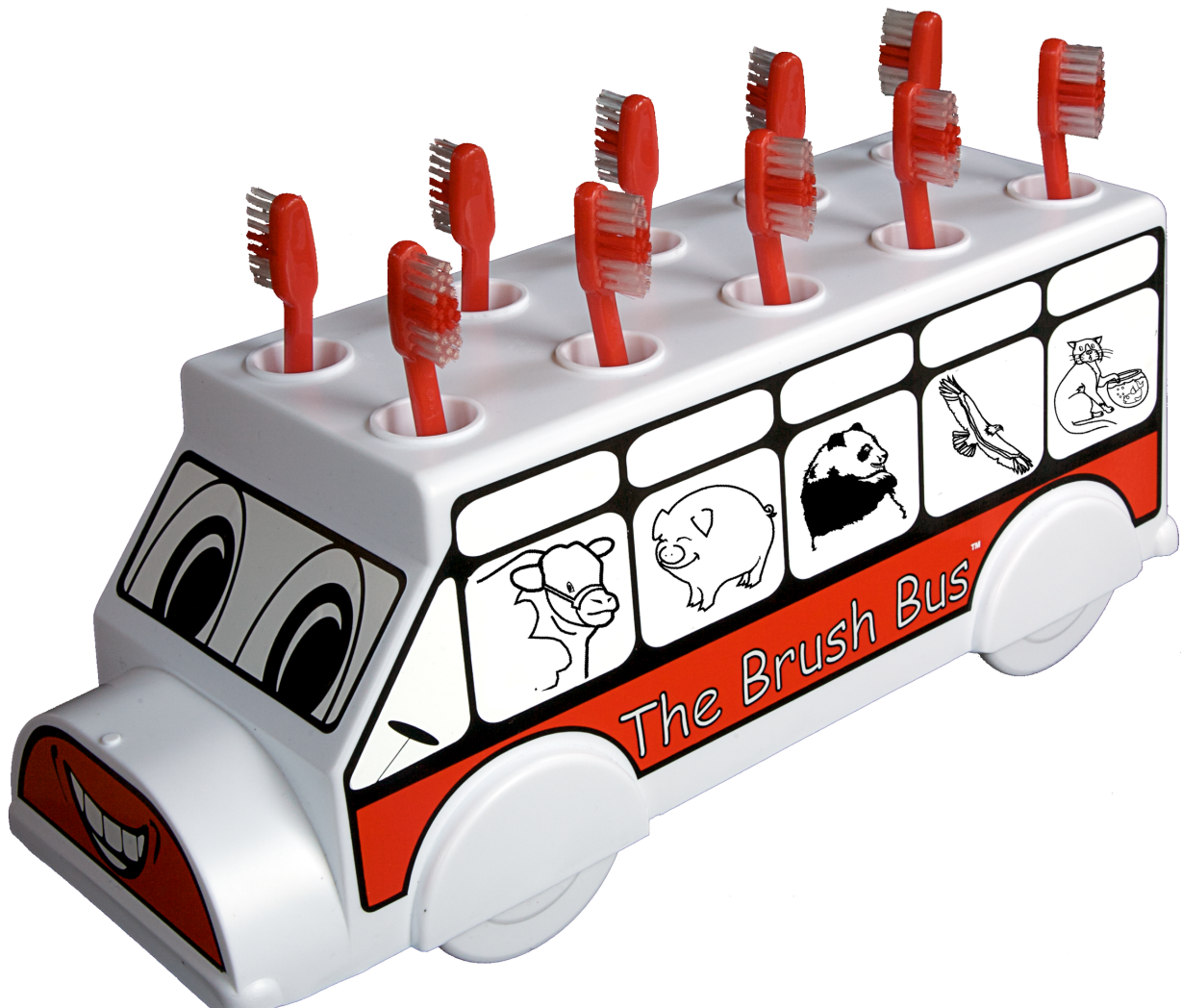


We're using the

Brush Bus for healthy teeth

at your child's nursery, children's centre or childminder's



**Manchester Local
Care Organisation**

Leading local care, improving
lives in Manchester, with you

What is the Brush Bus?

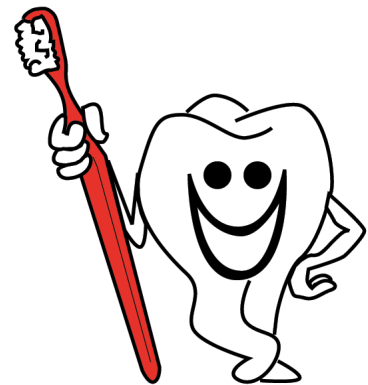
To improve dental health in Manchester, children will be brushing their teeth at nurseries, children's centres and childminders as well as at home with you.

Each child will be given their own labelled toothbrush.

The toothbrushes will be stored hygienically in the Brush Bus.

Toothbrushes and family fluoride toothpaste will be kept at the centre.

Your child will be supervised while they brush their teeth daily at the nursery, children's centre or childminder's.



Brushing advice



Stay with your child to help them when they brush.



It is very important that parents make sure their children brush their teeth at home every morning and last thing at night. Use just a little fluoride toothpaste.



Children over 3 years old should spit out the toothpaste but not rinse their mouth out with water.



Using fluoride toothpaste reduces dental decay.

Top tips
for
teeth



Little mouths need less toothpaste

0-3 years

smear



3-6 years

pea size



start 4 life



If you do not wish your child to brush their teeth at the nursery, children's centre or childminder's, please complete the form below and return it to your child's centre.

I do not wish my child (name) to brush their teeth at the nursery, children's centre or childminder's.

Signed (parent/guardian)

Please print your name.....

To help us improve our service, please could you let us know why you opted out of the Brush Bus?

(optional).....
.....
.....