

High school ready!

YEAR

6

Being Me in My World

Can I explain how my choices can have an impact on people in my immediate community and globally?

Celebrating Difference

Can I explain ways in which difference can be a source of conflict or a cause for celebration?

YEAR

5

Celebrating Difference

Can I explain the differences between direct and indirect types of bullying and can offer a range of strategies to help myself and others if we become involved (directly or indirectly) in a bullying situation?

Being Me in My World

Can I compare my life with other people in my country and explain why we have rules, rights and responsibilities to try and make the school and the wider community a fair place?

YEAR

4

Being Me in My World

Can I explain why being listened to and listening to others is important in my school community?

Celebrating Difference

Can I explain why bullying might be difficult to spot and what to do about it if I'm not sure?

YEAR

3

Celebrating Difference

Can I describe different conflicts that might happen in family or friendship groups and how words can be used in hurtful or kind ways when conflicts happen?

Being Me in My World?

Can I explain how my behaviour can affect how others feel and behave?

YEAR

2

Being Me in My World

Can I explain why my behaviour can impact on other people in my class?

Celebrating Difference

Can I explain that sometimes people get bullied because they are seen to be different; this might include people who do not conform to gender stereotypes.

YEAR

1

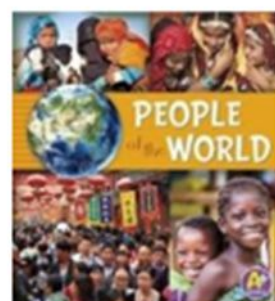
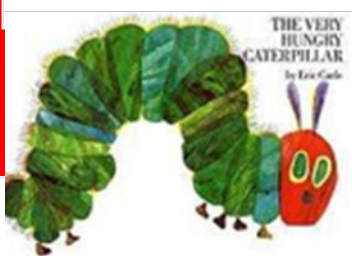
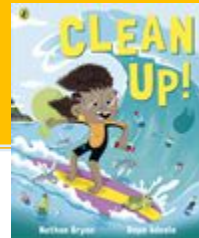
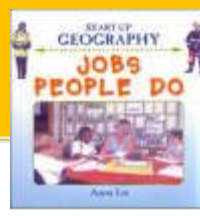
Celebrating Difference

Can I tell you some ways that I am different and similar to other people in my class, and why this makes us all special?

Being Me in My World

Can I explain why my class is a happy and safe place to learn?

EYFS
Cycle 2



EYFS
Cycle 1

High school ready!

YEAR

6

Dreams & Goals
Can I explain different ways to work with others to help make the world a better place?

Healthy Me
Can I explain when substances including alcohol are being used anti-socially or being misused and the impact this can have on an individual and others?

YEAR

5

Healthy Me
Can I explain different roles that food and substances can play in people's lives. I can also explain how people can develop eating problems (disorders) relating to body image pressures and how smoking and alcohol misuse is unhealthy?

Dreams & Goals
Can I compare my hopes and dreams with those of young people from different cultures?

YEAR

4

Dreams & Goals
Can I plan and set new goals even after a disappointment?

Healthy Me
Can I recognise when people are putting me under pressure and can explain ways to resist this when I want to?

YEAR

3

Healthy Me
Can I identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe and healthy including who to go to for help?

Dreams & Goals
Can I explain the different ways that help me learn and what I need to do to improve?

YEAR

2

Dreams & Goals
Can I explain how I played my part in a group and the parts other people played to create an end product? Can I explain how our skills complemented each other?

Healthy Me
Can I explain why foods and medicines can be good for my body comparing my ideas with less healthy/unsafe choices?

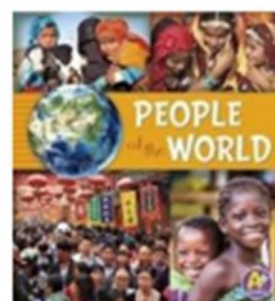
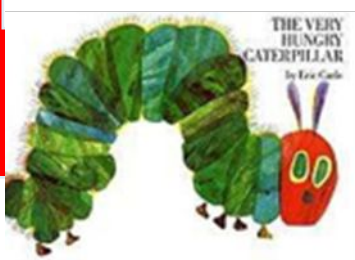
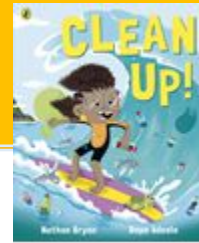
YEAR

1

Healthy Me
Can I explain why I think my body is amazing and can identify a range of ways to keep it safe and healthy?

Dreams & Goals
Can I explain how I feel when I am successful and how this can be celebrated positively?

EYFS
Cycle 2



EYFS
Cycle 1

High school ready!

YEAR

6

Relationships

Can I identify when people may be experiencing feelings associated with loss and also recognise when people are trying to gain power or control?

Changing Me

Can I describe how a baby develops from conception through the nine months of pregnancy, and how it is born?

YEAR

5

Changing Me

Can I explain how boys and girls change during puberty and why looking after myself physically and emotionally is important?

Relationships

Can I compare different types of friendships and the feelings associated with them. I can also explain how to stay safe when using technology to communicate with my friends, including how to stand up for myself, negotiate and to resist peer pressure?

YEAR

4

Relationships

Can I recognise how people are feeling when they miss a special person or animal?

Changing Me

Can I summarise the changes that happen to boys' and girls' bodies that prepare them for making a baby when they are older?

YEAR

3

Changing Me

Can I explain how boys' and girls' bodies change on the inside/outside during the growing up process?

Relationships

Can I explain how my life is influenced positively by people I know and also by people from other countries?

YEAR

2

Relationships

Can I explain why some things might make me feel uncomfortable in a relationship and compare this with relationships that make me feel safe and special?

Changing Me

Can I use the correct terms to describe penis, testicles, anus, vagina, vulva and explain why they are private? Can I explain why some types of touches feel OK and others don't?

YEAR

1

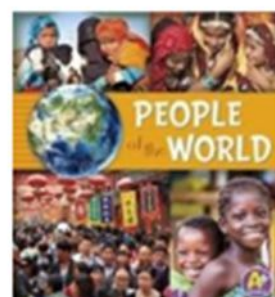
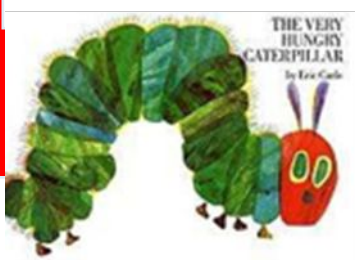
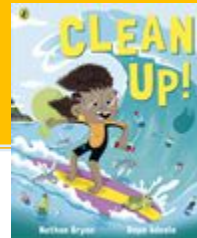
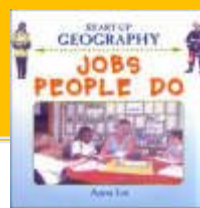
Changing Me

Can I compare how I am now to when I was a baby and explain some of the changes that will happen to me as I get older? Can I use the correct names for penis, testicles, anus, vagina, vulva, and give reasons why they are private?

Relationships

Can I explain why I have special relationships with some people and how these relationships help me feel safe and good about myself. I can also explain how my qualities help these relationships?

EYFS
Cycle 2



EYFS
Cycle 1