Winter Spring 2024.25 Menu: Week 3 – Monday Version 1 – September 24

DISHES						Lupin Flour			(MUSTARD)				-6 <u>8</u>	Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese & Tomato Pizza (homemade dough)		✓ wheat					✓							
Cheese & Tomato Pizza (Morris Pizza Base)		✓ wheat					\checkmark							
Quorn Enchilada		✓ wheat, barley, oat		✓			\checkmark							
Diced Potatoes														
Beans														
Macaroni Cheese		√wheat					✓		*mc				*mc	
Salad with Celery	√													
Salad (no celery)														

DISHES						Lupin Flour			MUSTARD			HIM.		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese Sandwich		✓ wheat					✓						√	
Tuna Mayo Sandwich		✓ wheat		~	~								√	
lce Cream Roll		✓ wheat		~			✓						√	
Fruit														

Winter Spring 2024.25 Menu: Week 3 – Tuesday Version 1 – September 24

DISHES						Hour			MUSTARD				6	Geer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Homemade M	eat Curry:		·			·,		•						
Jalfrezi 89711														
Korma 89707							\checkmark							
Tikka 89708							\checkmark							
Balti 134891									✓					
Rogan Josh 89728														
Vegetable (Qu	iorn) Curry	y using Br	akes Sauce):				1	11		I			
Jalfrezi 89711				✓										
Korma 89707				✓			√							
Tikka 89708				✓			√							

DISHES						Lupin Flour			MUSTARD			HUM		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Balti 134891				\checkmark					~					
Rogan Josh 89728				✓										
Rice														
Broccoli														
Jacket Potato & Cheese							\checkmark							
Jacket Potato & Beans														
Jacket Potato with Cheese & Beans							\checkmark							
Jacket Potato with Tuna Mayo				✓	~									
Cheese Baguette		√wheat					\checkmark						*mc	
Tuna & Salmon Mayo Baguette		✓ wheat		✓	~								*mc	

DISHES						Flour			MUSTARD			Rum Children		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sliced Meat Baguette		✓ wheat											*mc	
Carrot / Cucumber Sticks														
Jam Sponge (mixed fruit jam)		✓ wheat		✓			\checkmark							~
Jam Sponge (strawberry jam)		✓ wheat		✓			\checkmark							
Custard							\checkmark							

Winter Spring 2024.25 Menu: Week 3 – Wednesday

Version 1 – September 24

DISHES						Lupin Flour			MUSTARD			Roa	-6 <u>8</u>	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Chicken (halal / non halal)														
Quorn Vegan Fillet		✓ wheat												
Roast Potatoes														
Yorkshire Pudding		✓ wheat		✓			√							
Gluten Free Gravy				*mc			*mc		*mc				*mc	
Carrots														
Cabbage														
Tomato & Basil Pasta		√ wheat							*mc				*mc	

DISHES						Lupin Flour			MUSTARD			Riska Carton		Beet
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Optional Cheese Sprinkle							~							
Cheese Roll		✓ wheat					~						~	
Sliced Meat Roll		✓ wheat											~	
Tuna Mayo Roll		✓ wheat		√	~								✓	
Salad with Celery	\checkmark													
Salad (no celery)														
Piped Whirl Biscuit (mixed fruit jam)		✓ wheat												~
Piped Whirl (strawberry jam)		✓ wheat												

Winter Spring 2024.25 Menu: Week 3 – Thursday

Version 1 – September 24

DISHES						Lupin Flour			MUSTARD					Geer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Meat Bolognaise (halal / non halal)				*mc			*mc		*mc				*mc	
Vegetarian Bolognaise (Quorn)		√barley		✓			*mc		*mc				*mc	
Pasta		✓ wheat												
Vegetable Medley														
Cheese Wrap		✓ wheat, barley, oat					~							
Tuna Mayo Wrap		✓ wheat, barley, oat		✓	~									
Sliced Meat Wrap		✓wheat, barley, oat												
Salad with Celery	\checkmark													

DISHES						Lupin Flour			MUSTARD				6000 C	Been
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Salad no Celery														
Jacket Potato & Cheese							~							
Jacket Potato & Beans														
Jacket Potato with Cheese & Beans							~							
Jacket Potato with Tuna Mayo				\checkmark	✓									
Apple Cake		✓ wheat		√			~							
	,													

Winter Spring 2024.25 Menu: Week 3 – Friday

Version 1 – September 24

DISHES						Lupin Flour			MUSTARD			Har Contraction	-6 <u>8</u>	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tempura Fish		✓ wheat			~								\checkmark	
Veggie Hotdog		✓ wheat											✓	
Chips														
Peas														
Vegetable Pasta Bake (Quorn)		✓wheat, barley		✓			✓		*mc				*mc	
Cheese Sub		✓ wheat					\checkmark						\checkmark	
Tuna Mayo Sub		✓wheat		√	~								~	
Sliced Meat Sub		✓wheat											~	
Carrot / Cucumber Sticks														

DISHES						Lupin Flour			MUSTARD					Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jelly & Fruit														
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Winter Spring 2024.25 Menu Version 1 – September 24

DAILY ITEMS						Lupin Flour			MUSTARD			Fight		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Semi Skimmed Milk							~							
Lettuce														
Cucumber														
Tomatoes														
Carrot														
Sweetcorn														
Celery	~													
Beetroot (in water)														

DAILY ITEMS						Lupin Flour			MUSTARD					Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sliced Bread		√wheat											~	
Baguette (Morris white)		✓wheat											*mc	
Potato Salad				✓										
Pasta Salad		✓ wheat		~										
Fruit														
Yoghurts							~							
Jelly														