

Health and Safety in Physical Education.

Pike Fold adhere to, and follow accordingly, the 'Safe Practice in Physical Education, School Sport and Physical Activity' rules and regulations.

For health and safety reasons, **no jewellery, including earrings**, should be worn during PE lessons (including Fitbit's or step trackers). Children should remove their own earrings and store them safely in class when getting changed for PE. If pupils are unable to take out their earrings, then parents should remove them before the start of the school day.

If an ear piercing is recent and needs to be left in, then surgical tape or suitable plasters **need** to be used to cover the piercing on the front and back of the ear. Taping/plastering is a temporary safety precaution until the earrings can be taken out. This must be supplied and applied by parents/carers on the day of your child's PE lesson, unless your child is capable of doing this themselves. Tape does need to be provided by school for your child.

Please note, it is a safety risk for children to partake in physical activity wearing jewellery, including ear piercings. Staff are not responsible for applying tape or removing earrings for children. If children come to school wearing uncovered earrings that they cannot take out, **Pike Fold do not hold ourselves liable for any potential injuries that occur as a direct result of wearing uncovered earrings.**

It is in the best interest of Pike Fold staff that pupils get weekly access to a safe, accessible and enjoyable PE curriculum. Therefore, we ask kindly that all parents follow the rules and regulations that Pike Fold adhere to. We strongly advise that pupils who are arriving into school with an ear piercing are aware on how to take their earrings out safely. Furthermore, we recommend that **any new piercings are done during the summer holidays**, to ensure adequate time for healing.

****The information contained within this letter is solely for the intended recipient and you do not have permission to share any of its contents on social media****

