## Winter Spring 2024.25 Menu: Week 1 – Monday

Version 1 – September 24

DISHES						Lupin Flour			MUSTARD			Final Contraction		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Margerita Pizza (homemade dough)		✓ wheat					~							
Margeritta Pizza (Morris Pizza Base)		√wheat					~							
Cheese Whirl		✓ wheat		$\checkmark$			$\checkmark$							~
Baked Jacket Wedges														
Baked Beans														
Pasta with Tomato & Herb Sauce		√wheat												
Optional Cheese Sprinkle							~							
Green Beans														

DISHES						Lupin Flour			MUSTARD			Risk a		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Morris White Finger Roll: Cheese		✓wheat					~						✓	
Morris White Finger Roll: Tuna Mayo		✓ wheat		$\checkmark$	~								$\checkmark$	
Salad with Celery	$\checkmark$													
Salad no Celery														
Ice Cream							$\checkmark$							
Fruit														

DISHES						Lupin Flour			MUSTARD				-6 <u>8</u>	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Lasagne (halal / non halal)		✓ wheat		*mc			~		*mc				*mc	
Veggie Lasagne (Quorn)		✓ wheat, barley		~			~		*mc				*mc	
Garlic Slice		✓wheat					*mc						*mc	
Green Beans														
Cheese Sandwich		✓ wheat					~						~	
Sliced Meat Sandwich		✓ wheat											~	
Tuna Mayo Sandwich		✓ wheat		~	~								~	
Cucumber / Carrot Sticks														

Winter Spring 2024.25 Menu: Week 1 – Tuesday Version 1 – September 24

DISHES						Flour			MUSTARD					Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jacket Potato with Beans														
Jacket Potato with Cheese							$\checkmark$					1		
Jacket Potato with Cheese & Beans							✓							
Jacket Potato with Tuna Mayo				√	~									
Salad with Celery	√													
Salad no Celery														
Jelly & Fruit														

## Winter Spring 2024.25 Menu: Week 1 – Wednesday

Version 1 – September 24

DISHES						Lupin Flour			MUSTARD			Filmer Contraction		Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Gyros in a pitta (halal / non halal)		✓wheat					~							✓
Theo's Marinated Chicken Gyros in a Pitta (halal / non halal)		<b>√</b> wheat												
Cucumber & Yoghurt Dip		*mc wheat					~							
Mixed Salad with Celery	$\checkmark$													
Mixed Salad no Celery														
Cheesy Broccoli Pasta Bake		✓ wheat					~		*mc				*mc	
Corn on the Cob														

DISHES						Lupin Flour			MUSTARD				~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jacket Potato with Cheese							$\checkmark$							
Jacket Potato with Beans														
Jacket Potato with Cheese & Beans							✓							
Jacket Potato with Tuna Mayo				✓	~									
Cheese Wrap		✓wheat, barley, oat					✓							
Tuna Mayo Wrap		✓wheat, barley, oat		✓	~									
Sliced Meat Wrap		✓wheat, barley, oat												
Flapjack		✓Oat *mc wheat, barley												

DISHES						Lupin Flour			MUSTARD				-6 <u>8</u>	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Meat & Potato Pie with Pastry Crust (halal / non halal)		✓ wheat		*mc			*mc		*mc				*mc	
Meat Free Pie with Pastry Crust		✓wheat, barley		✓			*mc		*mc				*mc	
Gluten Free Gravy				*mc			*mc		*mc				*mc	
Country Vegetables														
Pasta with Tomato & Mascarpone Sauce		✓wheat					✓		*mc				*mc	
Optional Cheese Sprinkle							$\checkmark$							
Carrots														
Cheese Roll		✓ wheat					✓						~	

Winter Spring 2024.25 Menu: Week 1 – Thursday

Version 1 – September 24

\*mc = may contain

DISHES						Flour			MUSTARD			HUM		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sliced Meat Roll		✓ wheat											$\checkmark$	
Tuna Mayo Roll		✓ wheat		✓	✓								✓	
Carrot / Cucumber Sticks														
Pear & Chocolate Sponge		✓ wheat		$\checkmark$			$\checkmark$							
Custard							$\checkmark$							

## Winter Spring 2024.25 Menu: Week 1 – Friday

Version 1 – September 24

DISHES						Lupin Flour			MUSTARD				-6 <u>-</u>	Geer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tempura Fish		✓wheat			~								~	
Chips									1		1			
Peas														
Mediterranean Quorn Fillet		✓wheat												
Rice														
Jacket Potato with Cheese							~							
Jacket Potato with Beans														
Jacket Potato with Cheese & Beans							~							
Jacket Potato with Tuna Mayo				~	~									

DISHES						Lupin Flour			MUSTARD					Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese Panini		✓ wheat					$\checkmark$						✓	
Tuna Mayo Panini		√wheat		~	~								✓	
Sliced Meat Panini		✓wheat											✓	
Salad with Celery	~													
Salad no Celery														
Lancashire Biscuit		√wheat												

# Winter Spring 2024.25 Menu: Week 1 Version 1 – September 24

DAILY ITEMS						Lupin Flour			MUSTARD					Geer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Semi Skimmed Milk							✓							
Lettuce														
Cucumber														
Tomatoes														
Carrot														
Sweetcorn														
Celery	✓													
Beetroot (in water)														
Baguette (Morris white)		✓ wheat											*mc	

DAILY ITEMS						Lupin Flour			MUSTARD					Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sliced Bread		✓ wheat											$\checkmark$	
Potato Salad				√										
Pasta Salad		✓ wheat		√					*mc				*mc	
Fruit														
Yoghurts							$\checkmark$							
Jelly (all flavours)														