

## Pike Fold Menu Week One

Food Station	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Cooks Choice (Halal & Vegetarian equivalent available where required)	Homemade Pizza Chips Mixed Vegetables	Baked Sausage with Mashed Potatoes, Cabbage & Carrots	Turkey Spinach Curry With Rice & Sweetcorn	Lamb Bolognese With Garlic Flavoured Bread	Harry Ramsdens Fish Fillet with Roast Potatoes & Peas
Pasta Point Served with hot vegetable or salad	Pasta with Mascarpone Sauce	Pasta with Tomato & Herb Sauce	Pasta with Italian Sauce	Pasta with Bolognese Sauce	Pasta with Tomato & Basil Sauce
Accompaniment	Crusty Wholemeal Baguette	Tomato Bread	Jacket Wedges	Dough Balls	Garlic Flavoured Bread
Sandwich Station	<b>Sandwiches available on a selection of breads with salad accompaniment with the following fillings available daily:</b>  <ul style="list-style-type: none"> <li>● Ham</li> <li>● Egg Mayonnaise</li> <li>● Tuna Mayonnaise</li> <li>● Cheddar Cheese</li> </ul>				
Second Course	<b>Fruit yoghurts and fresh fruit available daily as second course choices in addition to:</b>				
	Fruit Salad with Strawberry Yoghurt	Ice Cream & Fruit	Peach Sponge & Custard	Shortbread with Fruit Slices	Rice Cake
Daily Items:	Salad bar featuring seasonal salads, fruits, & a homemade bread selection Milk and water available daily				

## Pike Fold Menu Week Two

Food Station	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Cooks Choice (Halal & Vegetarian equivalent available where required)	Cheese Whirl with Mashed Potatoes, Peas & Sweetcorn	Roast Dinner Roast & Mashed Potatoes Cauliflower & Carrots	Tandori Chicken Fillet with Rice, Broccoli & Salad	Minced Beef & Onion Pie with Mashed Potatoes & Mixed Vegetables	Fish Goujons with Chips & Garden Peas
Spud Spot	<b>Freshly baked potatoes served with a choice of filling plus salad or hot vegetable accompaniment. The following fillings available every day:</b> <ul style="list-style-type: none"> <li>● Homemade Coleslaw</li> <li>● Baked Beans</li> <li>● Cheddar Cheese</li> <li>● Tuna Mayonnaise</li> </ul>				
Sandwich Station	<b>Sandwiches available on a selection of breads with salad accompaniment with the following fillings available daily:</b> <ul style="list-style-type: none"> <li>● Ham</li> <li>● Egg Mayonnaise</li> <li>● Tuna Mayonnaise</li> <li>● Cheddar Cheese</li> </ul>				
Second Course	<b>Fruit yoghurts and fresh fruit available daily as second course choices in addition to:</b>				
	Ice Cream with Fruit Salad	Jelly & Fruit	Fruity Cookie with Orange Wedges	Strawberry Yoghurt with Fruit Salad	Cheese & Crackers with Apple & Cucumber
Daily Items:	Salad bar featuring seasonal salads, fruits, & a homemade bread selection Milk and water available daily				

## Pike Fold Menu Week Three

Food Station	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Cooks Choice (Halal & Vegetarian equivalent available where required)	Homemade Pizza with Baked Jacket Wedges & Mini Corn on the Cob	Baked Sausage with Mashed Potatoes & Beans	Lamb Jalfrezi with Sunshine Rice & Peas	Chicken Fillet with Chips, Mixed Vegetables & Salad	Cod & Salmon Fishcake with Mashed Potatoes & Carrots
Pasta Point Served with hot vegetable or salad	Pasta with Mascarpone Sauce	Pasta with Italian Sauce	Pasta with Bolognese Sauce	Pasta with Tomato & Herb Sauce	Pasta with Tomato & Basil Sauce
Accompaniment	Crusty Wholemeal Baguette	Tomato Bread	Jacket Wedges	Dough Balls	Garlic Flavoured Bread
Sandwich Station	<b>Sandwiches available on a selection of breads with salad accompaniment with the following fillings available daily:</b> <ul style="list-style-type: none"> <li>● Ham</li> <li>● Egg Mayonnaise</li> <li>● Tuna Mayonnaise</li> <li>● Cheddar Cheese</li> </ul>				
Second Course	<b>Fruit yoghurts and fresh fruit available daily as second course choices in addition to:</b>				
	Strawberry Mousse Strawberries & Kiwi	Cheese & Crackers with Carrot & Cucumber Sticks	Artic Roll & Peaches	Cherry Shortbread	Banana Cake
Daily Items:	Salad bar featuring seasonal salads, fruits, & a homemade bread selection Milk and water available daily				

## Pike Fold Menu Week Four

Food Station	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Cooks Choice (Halal & Vegetarian equivalent available where required)	Cheese & Pepper Roll with Sauté Potatoes & Carrots	Chicken Goujons with Mashed Potatoes & Green Beans	Shepherd's Pie with Crusty Bread, Beetroot & Broccoli	Chicken Curry with Sunshine Rice & Sweetcorn	Fish Fingers with Roast Potatoes & Peas
Spud Spot	<b>Freshly baked potatoes served with a choice of filling plus salad or hot vegetable accompaniment. The following fillings available every day:</b> <ul style="list-style-type: none"> <li>● Homemade Coleslaw</li> <li>● Baked Beans</li> <li>● Cheddar Cheese</li> <li>● Tuna Mayonnaise</li> </ul>				
Sandwich Station	<b>Sandwiches available on a selection of breads with salad accompaniment with the following fillings available daily:</b> <ul style="list-style-type: none"> <li>● Ham</li> <li>● Egg Mayonnaise</li> <li>● Tuna &amp; Salmon Mayonnaise</li> <li>● Cheddar Cheese</li> </ul>				
Second Course	<b>Fruit yoghurts and fresh fruit available daily as second course choices in addition to:</b>				
	Ice Cream & Fruit	Jelly & Fruit	Carrot Cake	Crackers & Cheese with Cucumber & Carrot Sticks	Fruit Crumble & Custard
Daily Items:	Salad bar featuring seasonal salads, fruits, & a homemade bread selection Milk and water available daily				